Part III - Vocational Subjects
(Home Science Area)

FOOD MANAGEMENT AND CHILD CARE THEORY

Instructions:
1. Check the Question paper for fairness of printing. If there is any lack of fairness, inform the Hall Supervisor immediately.
2. Use Black or Blue ink to write and underline and pencil to draw diagrams.

I. A. Chennaiyil niyamangalil perumpukkanam prakruthi.

Choose the correct option:

1. Codex Alimentarius is a ________
   (a) Law
   (b) Market
   (c) Regulation

Note: Answer all the questions.

15x1=15
2. _______ விளக்கு கொடுவது வார திட்டப்படாம் காற்று கொண்ட பொருளே பொருளானால் யாவறைத்து பொருளாக்கும்.
   (அ) பிளாம்
   (ஆ) அல்லது ஏரியில்
   (இ) சங்க
   _______ resembles mustard and are used to mix with mustard seeds.
   (a) Pepper
   (b) Argemone
   (c) Sesame

3. BCG குழந்தை _______ காற்று கொண்ட பொருளே பொருளானா.
   (அ) தமிழில் விளக்குத்து
   (ஆ) 6 மாதத்தில்
   (இ) 2 மாதத்தில்
   BCG vaccination should be given _______.
   (a) Soon after birth
   (b) At 6 months
   (c) At two years

4. மியூஸ்டர்ட் பொருளே குழந்தை தமிழ் டெகிகு கொண்ட தன் நோய்வியதா? _______
   (அ) அபில்ட்
   (ஆ) அல்லது ஏரியில்
   (இ) சங்க
   _______ is one of the home made weaning food.
   (a) Amirtham
   (b) Horlicks
   (c) Bournvita

5. குழந்தைகளின் பாலமொத்தான குழந்தை காற்றுப் பொருளே _______.
   (அ) 400 மி.கி.  (ஆ) 1200 மி.கி.  (இ) 600 மி.கி.
   The calcium requirement per day for a pregnant woman is _______.
   (a) 400 mg  (b) 1200 mg  (c) 600 mg
6. Marasmus is derived from the Greek word meaning _______.
   (a) Waste
   (b) Poor
   (c) Inadequacy

7. _______ is the symptom for liver diseases.
   (a) Jaundice
   (b) Diabetes
   (c) Obesity

8. Oral Rehydration Therapy is the preventive measure for _______.
   (a) Diarrhoea
   (b) Ulcer
   (c) Constipation
9. Increased thirst during diabetes is called _________.
   (a) Polydypsia  (b) Polyuria  (c) Polyphagia

10. Typhoid and paratyphoid can be controlled by _________.
    (a) DPT  (b) TAB  (c) BCG

11. _________ is used as a latest technology to extend the shelf life of food materials.
    (a) Canning  (b) Food irradiation  (c) Fermentation

12. Baking powder acts as a _________ in cake making.
    (a) Structure builder  (b) Tenderizer  (c) Moisturizer
13. _______ கலந்து கூர் வைப்பு விலைவார்களத்தின் கருத்தில்.
   (அ) சிறந்த வார்த்தை
   (ஆ) பதப்பெருக்கம்
   (இ) கல்லறை போதி
   _______ is an indoor equipment.
   (a) Rope swing
   (b) Peg board
   (c) Rope ladder

14. _______ கலந்து கிளம்பாக வைப்பல் அகத் விப்பலகத் குழுவுக்குச் செய்யப்படும் வேளாண்மை பகுதியை பூர்த்திக்கொள்ளத்
   (அ) வருவையன்
   (ஆ) பூர்த்திக்கொள்ளும்
   (இ) சிற்றவளம்
   _______ is a problematic act carried to completion in its natural setting.
   (a) Excursion
   (b) Project
   (c) Field trip

15. குறுகிய, குடிய, பலகை விளைவாக்கம் விளைகார குறுகியம்
   _______ குறுகிய.
   (அ) குறுகியம்
   (ஆ) பலகை
   (இ) படைப்பை
   Time, Energy and money are the essential _______ of management.
   (a) Elements
   (b) Resources
   (c) Items
Answer all the questions in one or two sentences:

16. List three components of flavour.

17. Expand WABA.

18. Describe the types of Supplementary foods.


20. Name the bacteria that causes Typhoid.

21. How will you calculate BMI?

22. What is the use of Peelers?
23. What is Job description?

24. What is Enuresis?

25. How do you find out the end point of jelly?

26. Give any two examples for fermented fruit beverage.

27. Write any two tenderizers used in Bakers products.

28. Write any two essential items for outdoor play equipment.

29. Expand OSI.

30. Write down the 4P’s of Marketing Mix.
Write short notes on any ten questions in five lines each.

31. What are the qualities of a Food buyer?
   List the qualities of a Food buyer.

32. What are the special needs of a pregnant woman?
   List the need for additional requirements for a pregnant woman.

33. Mention the importance of Colostrum.

34. Discuss any four points to be considered while preparing packed lunch.

35. What is a Bland diet?

36. List the Animal parasites that causes food borne infections.

37. List the uses of Pectin.
38. Write short notes on Industrial Catering.

39. Differentiate Angel cakes and Sponge cakes.

40. Define Balwadi.

41. List any four guidelines for teachers to make teaching, learning process effective.

42. What is meant by Customer Orientation?

III. Answer any five questions in about a page each.

43. Tabulate the differences between Breast feeding and Bottle feeding.

44. What is Kwashiorkor? Write the clinical symptoms.

45. Discuss the causes of Obesity.
46. Write about the general care and maintenance of equipment.

47. Discuss Salmonella food poisoning.

48. Explain the principles of pre-school programme planning.

49. List any ten important characteristics of an Efficient Teacher.

**PART IV**

IV. Answer any four questions in about two pages each. Draw diagrams wherever necessary.

50. Explain in detail about the Internal and External factors influencing food choices and selection.

51. Write on Infant Mortality Rate. Discuss the causes and preventive measures of IMR.

52. Write in detail about the dietary management of Diabetes Mellitus.
53. **Cake Making - Method of Cake Making**
   Explain Sugar-Batter method of cake making.

54. **Types of Pre-School**
   Write about the types of Pre-school.

55. **Sales Promotion Activities**
   Write in detail about popular Sales Promotion activities.

- o O o -